

# 2019 Early Learning Conference Schedule of Sessions

## Friday Sessions

**A Sessions: 12:00-1:30 PM – 1 ½ hours**

**B Sessions: 1:45-3:15 PM – 1 ½ hours**

**BC Sessions: 1:45-5:00 PM - 3 hours**

**C Sessions: 3:30-5:00 PM – 1 ½ hours**

**\*Session presented in Spanish**

### A Sessions: 12:00-1:30 PM

<b>A-1</b>	<i>Mental Health and Wellness as an Educator</i>
Anne Van Dusen, Kim Martin, & Julie Dotson	Private Practice offices of Anne Van Dusen, LCSW; Kim Martin, LPC, and Julie Dotson, LPC
<p>Teachers provide such a multitude of services for children and often have little time for their own nurturing, relaxation and healing. Some children bring complicated challenges that especially tire a caring teacher. Join us to learn about some ideas to help children with emotional/behavioral challenges and to share creative ideas to restore your energy during exhausting weeks. Please bring your questions and we will collaborate on ways to assess, rejuvenate and grow!</p>	
CKC:PPLD Set One	Location: Health Careers Center (HCC) 0140

<b>A-2</b>	<i>Stop the Bleed</i>
Jennifer Watters, MD, FACS Oliver Tatom, BA, NRP Jeremy Buller, BSN, RN	Saint Charles Medical Center; Jefferson County EMS

The course aims to turn bystanders into immediate responders who will intervene without waiting for EMS, much like performing CPR for victims of sudden cardiac arrest. While much of the public awareness of Stop the Bleed has come in response to intentional mass-casualty events like Sandy Hook, the effectiveness of immediate responders has been demonstrated in natural disasters and such everyday incidents as motor vehicle collisions and playground accidents. By empowering members of the public to intervene and reduce the number of preventable deaths from trauma, we can increase resilience in the face of tragedy.

CKC: HSN Set One

Location: Mazama (MAZ) 0224

**A-3**

*Let's Read Diversity. Children's Books for and About All of Us*

Heather McNeil

Deschutes Public Library

It is important for all children to find themselves in books. That's what leads to a desire to read. The publishing world is finally bringing forth more books that feature children of color, various lifestyles, different sexual orientations, and more. We'll start with a look back at what "used to be," and then be introduced to the aMazama (MAZ)ing and heartwarming books that are appearing now. You'll hear excerpts from books that will bring hope and joy, and will leave with an understanding of how important books are for the success of children.

CKC: LEC Set One

Location: Mazama (MAZ) 0122

**A-4**

*Understanding Behavior and Using Consequence*

Kara Tachikawa

Inspire Learning Centers

Early childhood educators are reporting increasing challenging behaviors in child care centers and homes - but what can we do about it? Join us to gain a new perspective on understanding behavior, utilizing consequences (*not punishment*), and decreasing child care providers' stress. Through activities and discussion, participants will: - Learn how to pinpoint and deactivate our own triggers - Identify ways to build relationship and create emotionally safe classrooms - Know when and how to use natural and logical consequences - Determine various paths to address challenging behaviors in the classroom.

CKC: UGB Set One

Location: Health Careers Center (HCC) 0330

<b>A-5</b>	<i>Women Supporting Women in Work and Life</i>
Kendra Coates, facilitator	High Desert ESD
<p>Join a conversation with local leaders as we explore how we can better support each other in work and in life.</p> <p>Participants: Anna Higgins, HDESD; Diane Murray-Fleck, Healthy Beginnings; Shenika Cumberbatch, HDESD; Desiree Margo, Redmond Early Learning Center; Katie Condit, Better Together; Karina Smith, HDESD, and Amy Howell, COCC.</p>	
<b>CKC: PPLD Set One</b>	<b>Location: Cascades Hall (CAS) 0115</b>

<b>*A-6</b>	<i>Desarrollo cerebral y el Trauma</i>
Claudia Bisso-Fetzer	Central Oregon Community College
<p>Esta es una sesión interactiva donde los participantes aprenderán y comprenderán mejor la neurociencia del estrés traumático. Se compartirá información sobre cómo los traumas en la vida temprana afectan al cerebro en desarrollo y cómo los apegos tempranos desempeñan un papel clave en la regulación de las emociones.</p> <p>Objetivos del taller:</p> <ol style="list-style-type: none"> <li>1. Identificar estructuras y funciones cerebrales.</li> <li>2. Aprender sobre el desarrollo del cerebro.</li> <li>3. Reconocer cómo el trauma afecta el desarrollo cerebral en niños y adolescentes.</li> </ol>	
<b>CKC: HGD Set One</b>	<b>Location: Mazama (MAZ) 0220</b>

<b>A-7</b>	Making It Work - An Inclusive Setting for All
Shandell Landon	Washoe County School District
<p>What is inclusion and how do you make it work? Inclusive practices and settings can be challenging and stressful or they can be enlightening and joyful. It is all in the way one looks at things and the way one approaches this sensitive subject. Join me as we dive into the topic of identifying what inclusion is and how to make it work for your classroom.</p>	
<b>CKC: SN Set One</b>	<b>Location: Health Careers Center (HCC) 0190</b>

**B Sessions: 1:45-3:15 PM Choose a B and C session OR a BC session**

<b>B-11</b>	<i>Building Your Professional Development. What's in Your Toolbox</i>
Pamela Deardorff & Sarah Myers	Oregon Center for Career Development
<p>This session is for anyone interested in dreaming big and continuously improving in the field of childhood care and education. The interactive session will provide a walk-through of ORO features, highlight updated Oregon Registry materials, and then provide an opportunity for each participant to be creative with individualized goals on their own Professional Development Plan.</p>	
CKC: PPLD Set Two	Location: Cascades Hall (CAS) 0117

<b>B-12</b>	<i>Reflection a Community Discussion</i>
Julia Hernandez	Oregon Registry, Community Trainer
<p>Participants will discuss and work through how we as individuals are interrelated and are linked. As we reflect on past actions and circumstances, we can strengthen our ability to use past knowledge and actions to create working relationships that work for the mission of our clients and coworkers. Then use the information reflected upon to build stronger relationship's and produce positive and productive outcomes in our workspaces and communities.</p>	
CKC: FCS Set One	Location: Cascades Hall (CAS) 0246

<b>B-13</b>	Traces 101 Community Conversation
Katie McClure, Meah Cukrov, Jasmine Hamilton	TRACES
<p>How trauma, toxic stress, and adversity impacts our bodies and brains (generationally)and how it shows up in our communities and organizations, the science of resilience especially in terms of our opportunity to influence community conditions to make resilience easier, and joining the movement to care about the above, take some action, and learn together.</p>	
CKC: FCS Set One	Location: Mazama (MAZ) 0224

<b>B-14</b>	Power to the Profession
Sara Stearns	Oregon Association for the Education of Young Children
<p>For too long, early childhood educators and providers have not been able to advance as a unified profession.</p> <p>We continue to have significant variations in preparation, practice, expectation, and compensation. The Power to the Profession initiative is our opportunity to come together to create unified expectations and deliver on the promise of investing in early childhood. Come with your questions and join the discussion!</p>	
CKC: PPLD Set Two	Location: Cascades Hall (CAS) 0115

<b>B-15</b>	Building a Bridge of Resilience From Stress and Anxiety to Serenity and Achievement Using EFT (Emotional Freedom Techniques)
Starla Kay	EFT Master Practitioner
<p>EFT is a strategy used to de-stress both the educator and the student. You will learn and experience how EFT can quickly dissolve stress and anxiety. We will explore the science, history and research on EFT. You will leave this session with a tool and resources you can use immediately and easily apply in your classroom to focus yourself and your students.</p> <p>This class is for anyone experiencing stress or anxiety or teaching others with those experiences.</p>	
CKC: PPLD Set One	Location: Mazama (MAZ) 0220

**BC Sessions: 1:45-5:00 PM (These sessions include a 15-minute break.)**

**Choose a BC OR a B and C session**

<b>BC-7</b>	<i>Darkness to Light Stewards of Children</i>
Rachel Visser	KIDS Center
<p>An interactive training program providing participants with 5 steps to better protect children from sexual abuse. It gives adults tools for 1) recognizing the signs of sexual abuse, 2) responding to suspicions of child sexual abuse, and 3) gives simple way to minimize opportunity for abuse in organizations and in our community.</p>	
CKC: HSN Set One	Location: Mazama (MAZ) 0207

<b>BC-8</b>	Roots of Resilience: Teachers Awakening Children's Healing
Shannon Lipscomb	Oregon State University-Cascades
<p>This workshop is an introduction to nurturing resilience with young children and their families using a trauma-lens. Participants examine trauma, resilience, and how trauma affects children and families. It also offers practical strategies for reflection and application to nurture resilience in ourselves and in those we serve.</p>	
<b>CKC: HSN/HGD Set One</b>	<b>Location: Health Careers Center (HCC) 0230</b>

<b>BC-9</b>	Playing with Sounds How Early Word Play Trains Young Brains for Reading Success!
Shelley Gray Sharon Bellusci	Great Minds Learning & Dyslexia Services Central Oregon Community College
<p>Reading is the most challenging thing for humans to learn and we have to do it as children. Brain science research by independent scientists worldwide has shown that early childhood experiences and skill building with linguistics are a key foundation for future reading. While a small percentage of children pick up these skills automatically, many children struggle with the process. Early educators can make a huge difference, especially when using hands-on, multisensory, playful activities and games that are age-appropriate to prepare children for success at learning to read. Discover the underlying components involved in reading and what it takes for the brain to learn to read. Learn about a variety of issues that may contribute to reading difficulties, including the signs of dyslexia (which affects 1 in 5). Learn and practice activities, games and developmental sequences that are proven to help all early learners develop the skills needed to be prepared for reading success. Learn what to say to parents when you recognize signs of dyslexia, to improve the chances of positive reading outcomes for kids in school.</p>	
<b>CKC: LEC Set One</b>	<b>Location: Health Careers Center (HCC) 0190</b>

<b>*BC-10</b>	¿Qué Hacer Cuando Muerden? (What To Do About Biting)
Ruth Noemi Ochoa	Child Care Partners Spanish

<p>¿Porque muerden los niños pequeños? ¿Cómo hablar con los padres sobre el asunto? Si estas preguntas te las has hecho, acompáñenos a explorar como determinar las causas de las mordeduras, estrategias de cómo manejar mordeduras que continúan, y maneras de comunicárselo y apoyar a los padres. Exploraremos diferentes tipos de observaciones para ayudarte a determinar cuándo y porque ocurren las mordeduras.</p>	
<p>CKC: OA Set Two</p>	<p>Location: Mazama (MAZ) 0122</p>

### C Sessions-3:30-5:00 PM

<b>C-16</b>	Overview of the ERS tool which will be used in the future as part of Spark.
Lauren Peterson	The Research Institute at Western Oregon University
<p>What are the Environment Rating Scales (ERS) and how are they being used in Oregon’s Spark?  This introductory training will provide an overview of the ERS assessments. The training will include discussion of the three basic needs to children addressed in the ERS scales and how the assessments will be used to support culturally responsive program planning.</p>	
CKC: OA Set One	Location: Cascades Hall (CAS) 0117

<b>C-17</b>	Science Today!
Jennifer Callahan	Redmond Early Learning Center
<p>Rediscover the importance of teaching science today. Early childhood science teachers can provide a learning environment and opportunities for children to explore, model, and share their discoveries. Learn ways to build on the “sense of wonder” in every child.</p>	
CKC: LEC Set One	Location: Health Careers Center (HCC) 0140

<b>C-18</b>	Welcome to the Wild Rumpus! Engaging Babies and Toddlers in the World of Story
Edie Jones & Amy Howell	Author and former director of Together for Children; Central Oregon Community College, Early Childhood Education

In this interactive session, we will explore the many ways to bring books and stories to life with little ones. We'll consider the types of stories and illustrations that can increase children's participation and enjoyment of book, and we will discover the many ways that teachers can help to plant the seeds for lifelong reading.

**CKC: LEC Set One**

**Location: Health Careers Center (HCC) 0330**

<b>C-19</b>	Developing Resilience by Changing Your Mindset
Dr. Andria Woodell, Professor	Central Oregon Community College, Psychology
This interactive presentation will explore the psychology behind Carol Dweck's Mindset research and provide tips on how to change one's outlook in order to harness the power of failure and use failures as opportunities for growth.	
<b>CKC: HGD Set One</b>	<b>Location: Mazama (MAZ) 0224</b>

<b>C-20</b>	Effective Ways to Build Resilience with Team Work in Early Childhood Education
Anita Hisatake	Head Start, Confederated Tribes of Warm Springs
This presentation will provide classroom tested strategies and various ways we as Early Childhood Educators can improve teamwork and build resilience with ourselves and in the classroom.	
<b>CKC: PM Set One</b>	<b>Location: Cascades Hall (CAS) 0115</b>

<b>*C-21</b>	¡Literatura temprana y libros con diversidad!
Gabriela Hernandez	High Desert Education Service District
<p>¡Literatura temprana y libros con diversidad!</p> <p>Durante esta sesión en español, explicaré cuales son los componentes necesarios para iniciar la escuela, y cómo podemos lograr esto de una manera divertida y a la vez construimos una relación sólida entre el niño y el padre o proveedor. Estaremos discutiendo varias habilidades; centradas en la lectura, escritura, conversación, juego, canto y rimar. Cómo podemos utilizar estas habilidades a lo largo de nuestro día mientras enseñamos a los niños a amar la lectura. Explicaré la importancia de introducir libros diversos a nuestros niños.</p>	
<b>CKC: LEC Set One</b>	<b>Location: Mazama (MAZ) 0220</b>



Evening Event: 5:30-7:30

*Please join the Celebration for Spark, and the Early Learning Community and NAEYC Meetup*



**Spark**  
Empowering early educators  
to inspire children

**Appreciation and Recognition  
Gathering**

Join us for appetizers and beverages  
No host cash bar for adult beverages also available.  
After the COCOraEYC Early Childhood Conference

RSVP: [erinp@neighborimpact.org](mailto:erinp@neighborimpact.org)

**Friday, April 26<sup>th</sup> 5:30 – 7:30 pm**  
**Mountain Room**  
**Deschutes Brewery**  
**901 SW Simpson Ave, Bend**



Sponsored by the Early Learning Hub in partnership with:

 <p>Early Learning &amp; Wellness LAST A LIFETIME EARLY LEARNING HUB OF CENTRAL OREGON</p>	 <p>NeighborImpact Child Care Resources</p>	 <p>CENTRAL OREGON community college</p>	 <p>CENTRAL OREGON CHAPTER <b>oraeyc</b> Oregon Association for the Education of Young Children</p>
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**Deschutes Brewery Mountain Room**

# 2019 Early Learning Conference

## Schedule of Sessions

### Saturday Sessions

**D Sessions: 8:00-11:00 AM – 3 hours**

**E Sessions: 8:00-9:30 AM – 1 ½ hours**

**F Sessions: 9:45-11:15 AM – 1 ½ hours**

**Keynote Presentation: 11:30-12:30 PM**

**Lunch: 12:45-1:45 PM**

**G Sessions: 2:00-3:30 PM – 1 ½ hours**

**3:45-4:45 PM Professional Development Advising**

**\*Session presented in Spanish**

**D Sessions: 8:00-11:00 AM**

Choose D Session OR an E and F

<b>D-22</b>	Making Connections with Challenging Students
Valerie Mallory	Warm Springs Academy
<p>Challenging students are becoming more and more common. Teachers often struggle to connect with challenging kids which often makes them more challenging.</p> <p>During this short seminar teachers will learn tips and tricks for connecting with the most challenging students and working together to learn with them.</p>	
<b>CKC: UGB Set One</b>	<b>Location: CCC 116</b>

<b>D-23</b>	STEM and Literature for Early Learning
Amy Howell & Angie Mason-Smith	Central Oregon Community College, Early Childhood Education; Central Oregon STEM Hub
<p>This session will highlight the many ways in which young children are active learners in early STEM-based curriculum. In this interactive session, we will explore the many ways to connect children's literature and science, technology, engineering, and mathematics. We will consider how teachers can use stories to facilitate meaningful and hands-on activities that support children's sense of wonder, creativity, and exploration.</p>	
<b>CKC: LEC Set One</b>	<b>Location: Health Careers Center (HCC) 0140</b>

<b>*D-24</b>	<b>Darkness to Light's Stewards of Children®</b> Child Sexual Abuse Prevention Training
Maria Teresa Mendoza	<a href="#">KIDS Center</a>
<p>En este entrenamiento de 3 horas podrás: Recibir una mezcla de historias de sobrevivientes, consejos de expertos, orientación y práctica para prevenir el abuso sexual infantil. Aprenderás acerca de tomar decisiones, arriesgarse y apoyarse mutuamente. Obtendrás estrategias simples para prevenir y responder al abuso sexual a través de los 5 pasos de la Oscuridad a la Luz y proteger a nuestros niños.</p>	
<b>CKC: HSN Set One</b>	<b>Location: Cascades Hall (CAS) 0115</b>

<b>D-25 (EdVenture)</b>	Montessori Fundamentals
Jessica Born, Louise Wilson, Kevin Dorrity	Bend Montessori School & High Desert Montessori
<p>In a Montessori classroom environment, children learn to work independently, based on their own initiative, building concentration and self-discipline. In this interactive session, participants will be introduced to the fundamental principles of the Montessori Method. We will also introduce and explore specific Montessori materials from each of the curriculum areas, including: Practical Life, Sensorial, Language, Math, Geography, Botany, Zoology and Art.</p>	
<b>CKC: LEC Set One</b>	<b>Meet in Coats Campus Center to take Conference bus to Bend Montessori School</b>

<b>D-26 (EdVenture)</b>	2 Trips. One to Headstart facility and one to MountainStar facility
Amanda Smith/Kim Brown	MountainStar Family Relief Nursery NeighborImpact-HeadStart
<p>MountainStar: What does a relief nursery do? We will explore our 3 classrooms and tour our therapeutic classroom. We will discuss how our classrooms are child led with adult support, and we will discuss how we use emotions in the classroom along with the practice of yoga with our children in most age groups.</p> <p>HeadStart: You will visit two Head start classrooms, where you will gain knowledge about the Head Start program, the curricula we use, and how we provide comprehensive services to children and families. We will discuss Second Step, our social-emotional curriculum, Creative Curriculum and in depth investigations with preschool children, and Teaching Strategies Gold our assessment tool that guides learning in the classroom. Come prepared with questions you might have about our program.</p> <p><i>*This session includes Spanish translation interpretation</i></p>	
CKC: LEC Set One	Meet in Coats Campus Center to take Conference bus to Mountain Star/Head Start

<b>D-27 (EdVenture)</b>	Cascade Academy
Emily Bachofner & Christina Albert	Cascades Academy
<p>Join us in our Pre-Kindergarten classroom at Cascade Academy. We will discuss the elements of our philosophy that enable children to practice and build resiliency. Through our classroom environment, specific language and teacher reflection we work towards enhancing students' self-concept, promoting strategic thinking and practicing empathy and agency. You will come away from this session with examples of how our program utilizes self-reflection, specific language, our learning environment, community building, and curriculum to support children in their development of resilience.</p>	
CKC: LEC Set One	COCC Campus: Meet outside of Wille Hall (Conference Headquarters)

<b>D-28</b>	Circle of Security Attachment for Educators
Monica Vines	Central Oregon Community College, Counseling and Addiction Studies

**This introductory training is based on the Circle of Security® Parenting™** model. This is a self-reflection program offering the core components of the evidence-based and internationally supported COS protocol. This seminar presents video examples of secure and problematic parent/child interaction, healthy options in care giving, and animated graphics designed to clarify principles central to COS. Circle of Security Parenting implements decades of attachment research in an accessible step-by-step process. This model of attachment helps support the development of secure relationships across settings, including the classroom.

CKC: HGD Set One

Location: Mazama (MAZ) 0220

**D-29**

It's Never too Early to Grow Early Mindsets and Social and Emotional Learning (SEL)

Kendra Coates

High Desert Education Service District

We have the powerful opportunity to promote, teach, and foster a growth mindset, SEL, and mindfulness in young learners as they embark on their educational journey. We can begin by getting real about what gets in the way and how we can better support the whole child AND the whole educator. Author Dr. Kendra Coates shares her experiences and lessons learned from the PreK-3<sup>rd</sup> field introducing young learners and educators to the powerful combination of growth mindset, SEL, and mindfulness via Growing Early Mindsets (GEM™)

CKC: HGD Set One

Location: Health Careers Center (HCC) 0330

### E Sessions: 8:00-9:30 AM

**E-30A**

Strength in Your Own Skin

Alana Dusan

Mountain View High School

After growing up as a mixed race (Mexican American) softball player, I found myself on multiple occasions wondering where I fit in. My book, *No Base Like Home*, tells the story of a young girl, Sophia, that is starting middle school feeling the same way. I will be speaking to how I personally handled adversity throughout my life as well as my main character, Sophia. We both eventually learned to embrace the skin we are in and are not afraid to STAND APART!

CKC: DIV Set One

Location: Mazama (MAZ) 0224

<b>*E-30</b>	La Comunicacion no verbal habla mas fuerte que las palabras
Silvi Galmozzi	<b>Spanish</b> The Wolf Advantage
<p>Cómo lograr establecer confianza con los demás, cómo desarrollar carisma para mejores y más fuertes conexiones y habilidades básicas para detectar mentiras. Estos puntos se centrarán en el éxito del educador dentro del salón de clases, el cuidado infantil y la comunicación entre padres y tutores.</p>	
<b>CKC: FCS Set One</b>	<b>Location: Cascades Hall (CAS) 0117</b>

<b>E-31</b>	Growing your Growth Mindset
Wendy Norwood Pierce	Bend-LaPine School District
<p>Wendy and her co-presenters will open educator's minds to the power of a growth mindset and how it works. Students will share experiences and guide participants through exercises that stretch anyone's mindset. The best part about this presentation is that kids are leading the way and demonstrating their integration of their mindsets and how they choose their experiences.</p>	
<b>CKC: HGD Set One</b>	<b>Location: Health Careers Center (HCC) 0230</b>

<b>E-32</b>	Growing Resilient Communities by Honoring Equity and Diversity in the Classroom Library
Angie Cole	Central Oregon Community College
<p>This session will meet in the new CLERC space of the Barber Library where we will explore how resilient communities can be fostered through children's literature that honors equity and diversity. We will consider the important work that can be done with children to build understanding and empathy for others through story and the direct connection this has to the greater community in which they live. We will discuss how to evaluate texts for bias and ideas will be shared for student responses to various texts. Come and enjoy this beautiful library space and see the many new titles that have been added to the collection! (Space limited to 20 Participants)</p>	
<b>CKC: DIV Set One</b>	<b>Location: Barber Library - CLERC</b>

<b>E-33</b>	How to Amplify Phonological Awareness Instruction: Tips to Support All of Your Emerging Readers
Carrie Thomas Beck	Oregon Department of Education
Phonological awareness is a foundational skill that is critical to reading success. This session will begin with a brief overview on why phonological awareness plays such an important role in beginning reading. The presenter will share a description of the developmental progression of phonological awareness skills. The session will then focus on strategies to intensify phonological awareness instruction for those students who are at risk for reading difficulties, including dyslexia. Early elementary teachers (K/1) will learn techniques for how to intensify the design and delivery of phonological awareness tasks such as sound isolation, blending, segmenting, and deletion for students who need additional support.	
<b>CKC: LEC Set One</b>	<b>Location: Mazama (MAZ) 0122</b>

### F Sessions: 9:45-11:15 AM

<b>F-34</b>	O.C.L.M Lighten Your Load by Owning What is Yours
Wendy Norwood Pierce	Bend-LaPine School District
Description of presentation: Wendy and her co-student presenters will share the transformative experience of using the O.C.L.M. system, at school and home. O.C.L.M. is a method to use to keep communication and resolution simple and drama out. It supports connection and relationships between children, families and communities. Using the process and taking the drama out maintains a classroom culture of cooperation and grows resiliency of the individuals involved. Ownership and moving on will have a whole new meaning.	
<b>CKC: PPLD Set One</b>	<b>Location: Mazama (MAZ) 0207</b>

<b>*F-35</b>	Descripción general de la herramienta ERS que se utilizará en el futuro como parte de Spark
Nathan Winegardner	Research Institute Western Oregon University Spanish
¿Qué son las Escalas de Calificación Ambiental (Environment Rating Scales - ERS) y cómo se utilizan en el programa de Spark de Oregón? Esta capacitación introductoria proporcionará una visión general de las evaluaciones de ERS. La capacitación incluirá una discusión de las tres	

necesidades básicas de los niños de acuerdo a las escalas ERS y cómo se utilizarán las evaluaciones para apoyar la planificación de programas culturalmente receptivos.

CKC: OA Set One

Location: Health Careers Center (HCC) 0230

<b>F-36</b>	Roundtable Discussion on Parent and Teacher Perspectives on Resilience across the Lifespan
Facilitator, Dr. Matthew Novak, Associate Professor	Central Oregon Community College-Psychology
<p>Resilience, the ability to overcome challenges and/or bounce back from adversities, like so much of human experience is a subjective phenomenon and only some people develop this skill set. Teaching our children to be resilient needs to be a multipronged effort of both parents and educators. In addition, encouraging resilience needs to be adapted to the interactors, to the age group and to the setting in which individuals are challenged. Together with educators and parents from within the local Bend-La Pine School System, we will explore how to foster resilience from both a parent at teacher perspective for multiple different ages of elementary school and across the lifespan. Participants will be encouraged to compare and contrast successes and failures in helping people to reach their full potential across different roles, different settings and across different ages.</p> <p><b>Discussion Participants:</b>  Lindsey Manitsas, SEL and Kindergarten Instructor, Bear Creek Elementary; Pedro Nunez, 4th grade Dual Immersion Instructor, Bear Creek Elementary; Beth Rasmussen, 6th grade Language Arts Instructor, Pilot Butte Middle School; Dr. Emily Gibson, SEL Specialist, Silver Rail Elementary and Co-author <i>Building a Culture of Hope</i>; Christina Hemphill, 3<sup>rd</sup> Grade Dual Immersion Instructor, Bear Creek Elementary; Kristen Carter, 5<sup>th</sup> Grade Instructor, Bear Creek Elementary; Donna Lindsay, 2<sup>nd</sup> Grade Instructor, Silver Rail Elementary; Margaret Anne Novak, Stonelodge Retirement Community</p>	
CKC: FCS Set One	Location: Health Careers Center (HCC) 0260

<b>F-37</b>	Embracing Gender Diversity in Early Childhood
Teresa Ashford	Aspen Academy



Social injustice harms children and their families. Young children should be able to participate in their classroom environments and see not only themselves and their families, but a multitude of people representing diverse gender identities. In this workshop, we will explore how to make this happen in our programs by: (a) Identifying approaches to young children's learning and reactions to gender diversity, in addition to exploring age-appropriate strategies for the implementation of an anti-bias curriculum in the classroom, (b) Developing strategies to celebrate gender diversity in the rhythm of their programs through the creation of open and accepting program climates where all children and families are safe and able to thrive, and (c) Recognize the importance of working with young children, families, and staff to promote an understanding of gender diversity by possessing the necessary vocabulary to embrace diverse gender expression.

CKC: DIV Set One

Location: Mazama (MAZ) 0122

<b>F-38</b>	A home for your family, a home for mine
Lauren Peterson	The Research Institute at Western Oregon University
Set aside your center-based notions of what a child care setting should be and examine the advantages of providing child care in your family's home setting. Explore how to apply effective early learning strategies while capturing the feeling of home. Provide a place that feels like home to the children in your care, their families, and your own family.	
CKC: LEC Set Two	Location: Health Careers Center (HCC) 0190

### Keynote Presentation: 11:30-12:30 PM

Keynote Presentation	<i>An Insider's Perspective on Growing up in Poverty in America</i>
Dr. Donna Beegle	Communication Across Barriers
Dr. Beegle, a mother of two Head Start children, will share her unique insights from having grown up in generational poverty in America and of studying poverty for more than 20 years, help you enhance your knowledge of poverty and develop the understanding to impact the individuals with whom you work. The lessons learned from her experience will provide practical, usable tools that participants can employ right away to improve outcomes for children and families living in the crisis of poverty.	
CKC: FCS Set One	Location: Pioneer 201 (Hitchcock Auditorium)

# Lunch: 12:45-1:45 PM: Campus Center Dining Hall

## G Sessions: 2:00-3:30 PM

<b>G-39</b>	Early Childhood Education Changes Lives
Dr. Donna Beegle	Communication Across Barriers
<p>Dr Beegle will illuminate key best practices that Early Childhood Professionals can use to create life-changing differences for families in poverty. Participants will gain tools for understanding how the many different life experiences of poverty impact success and what they can do to improve outcomes.</p>	
<b>CKC: FCS Set One</b>	<b>Location: Health Careers Center (HCC) 0330</b>

<b>G-40</b>	Make Meaningful Mealtimes for Infants and Toddlers
Lindsey Walsh	Wild Lilac Child Development Community
<p>In this workshop, we will learn how to implement family style mealtime practices in a group-care setting. We will review the current CACFP/USDA meal requirements and discuss the caloric needs of infants and toddlers. There will be an overview explaining the developmental signs of readiness for eating solid foods, how to form partnerships with parents in introducing new foods, and ideas for providing a variety of nutritious and appropriate food for young children. Explore the caregiver's role in mealtimes including connection, safety, and equipment. From a relationship-based perspective we will discuss social-emotional development as it relates to nurturing mealtime practices in group care settings. Participants will leave having gained practical knowledge to implement in their settings (both home-based and center-based care), making mealtimes meaningful and pleasurable for children and adults.</p>	
<b>CKC: LEC Set One</b>	<b>Location: Mazama (MAZ) 0207</b>

<b>G-41</b>	Repoliticizing Reggio: Democratic Education for Dangerous Times
Stephen Karmol	Wild Lilac Child Development Community

What does it mean to be “Reggio-inspired”? Does it relate primarily to the aesthetic quality of learning environments, the way materials are offered to children? This workshop takes the position that the history and philosophy of Reggio schools demands we think more deeply and critically about Reggio-inspired practice. Together we will explore the politics embedded in the heart of Reggio’s educational project in order to create a rich dialogue around what it means for us, in our contexts, as we actively shape our classroom-based practices for democracy.

CKC: LEC Set Two

Location: Mazama (MAZ) 0220

**G-42**

Never Shake a Baby! – What caregivers need to know about Abusive Head Trauma

Erin Pullen

TRACES

A sobering and tragic fact is that Abusive Head Trauma (including Shaken Baby Syndrome) is the leading cause of death by child abuse in the United States. Which is why it is vital for child care providers, caregivers, and parents to educate themselves about abusive head trauma. With knowledge, recognition, and support, it is absolutely preventable!  
 \*Please be advised that this training is sensitive in nature, and includes a video of an emotional story of a 16-month old child death due to Shaken Baby Syndrome.

Workshop objectives:

Participants in this training will:

- be able to define Abusive Head Trauma (Shaken Baby Syndrome)
- understand the immediate symptoms and long-term effects
- identify factors that increase risk
- develop a prevention plan/strategies
- feel comfortable communicating with parents in their program to reduce the risk for infants in their care.

CKC: HSN Set One

Location: Mazama (MAZ) 0224

**G-43**

Leikskóli: An Exploration of Icelandic Preschools

Teresa Ashford

Aspen Academy

In this workshop, attendees will go on a virtual field trip through ten early learning programs in Iceland, and several Seattle-based forest schools. Icelandic preschools' pedagogy is founded on play-based learning. Central to their practice, educators embrace a holistic view of the development of the child. Participants will explore a variety of play-based, nature-centered schools committed to the development of young children through play.

CKC: LEC Set One

Location: Cascades Hall (CAS) 0115

**\*G-44**

The Concept of Resilience and Practical Application

Luis Robles

High Desert Education Service District  
Spanish

Sin lugar a dudas el tema de la resiliencia es de vital importancia para nuestra vida ya que continuamente tenemos que enfrentar la vida con sus problemas y retos y lograr la superación personal a través de la habilidad de sobreponerse a los traumas. Por ello durante esta capacitación hablaremos sobre que es la resiliencia y su concepto, analizaremos como debemos trabajar como individuos para desarrollar y fortalecer esta habilidad y su aplicación práctica. Además, conoceremos cuales son los pilares fundamentales de la resiliencia, sus fuentes, características de las personas resilientes, y también analizaremos como surge la resiliencia y los pasos para desarrollarla. Una vez visto todos y cada uno de los puntos, los participantes serán capaces de hacer un auto análisis para descubrir puntos en los que pueden trabajar para lograr ser más resilientes y llegar a conclusiones que los lleven a fortalecer sus capacidades de resiliencia y tomar acciones para mejorar sus circunstancias y ser más hábiles para superar los episodios de trauma que hemos enfrentado de manera muy particular.

CKC: HGD Set One

Location: Cascades Hall (CAS) 0117

**G-45**

Non-verbal Communication Speaks Louder than Words

Silvi Galmozzi

The Wolf Advantage

How to build trust with others, how to develop charisma for better and stronger connections, and basic lie detection skills. These points will be focusing on the success of the educator within the classroom, childcare and parents/guardian communication.

CKC: FCS Set One

Location: Health Careers Center (HCC) 0140

**\*G-46**

La importancia del aprendizaje mediante el juego

Maribel Jimenez	Central Oregon Community College Spanish
El propósito de esta sesión es comprender la importancia de enseñar y aprender por medio del juego. Vamos a conocer la teoría en la que se basa esta propuesta y exploraremos maneras con las que podemos tomar ventaja como educadores y enriquecer nuestro ambiente de aprendizaje.	
CKC: LEC Set One	Location: Health Careers Center (HCC) 0190

<b>G-47</b>	Supporting Resilience with Early Childhood Literature
Amy Howell	Central Oregon Community College
An overview of an equity library and why it is necessary, learning how to evaluate children's literature in terms of equity making children's literature accessible to all, tips and advice for families, resources for building your own equity library. (20 Participants due to space limitations)	
CKC: DIV Set One	Location: Barber Library - CLERC

<b>G-48</b>	<i>Circle of Courage: Growing Resiliency</i>
Wendy Norwood Pierce	Bend La Pine School District
With so many things going on in our sweet community, nation, and world, I can't think of a better time to gather together to learn, grow, and add more well worth tools to our tool belts. I have been practicing the Circle of Courage for over a decade and have experienced the profound effects it offers. In an ever-changing world, this is one tool you need to partner in any relationship in today's world. It is a game changer and a key to transformative learning.	
CKC: HGD Set One	Location: Mazama (MAZ) 0122

**Core Knowledge Category (CKC) Abbreviations:**

Diversity - DIV

Families & Community Systems - FCS

Health, Safety & Nutrition - HSN

Human Growth & Development - HGD

Learning Environments, & Curriculum - LEC  
Observation & Assessment - OA  
Personal, Professional, & Leadership Development - PPLD  
Program Management - PM  
Special Needs - SN  
Understanding and Guiding Behavior - UGB